

# Women show, tell way to self-sufficiency

Chandler workshops have speakers describe paths they took out of poverty

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Whether proudly talking about her children's accomplishments or confiding about the hardships of being in a low-income family, Carmen Jackson's voice falters periodically.

Her stammer, which she's had since childhood, makes it all the more notable that the tall, slender Chandler native gave a speech last week to eight women looking for a way to lift themselves out of poverty at the free "Beauty, Bucks and Beyond" workshop at the Chandler Family Investment Center.

Jackson rallied the women's spirits, talking about her own success of overcoming her stammer, raising three children alone and getting off welfare. Then her colleague, Sanyika Calloway Boyce, coached the group on the nitty-gritty of financial planning.



PHOTOS BY RALPH FRESO/TRIBUNE  
Financial fitness coach Sanyika Calloway Boyce speaks on the seven steps to financial fitness before a group of Chandler women during the "Beauty, Bucks and Beyond" workshop on Wednesday. The free workshop featured motivational speeches and tips on managing family finances.



Joyce Jones, a single parent from Chandler, takes part in a rubber-band exercise aimed at bringing out emotions when facing a challenge.